

POSTAL REGISTRATION No.MCS/134/2015-17

Posted at Mumbai Patrika Channel Sorting Office, Mumbai - 1. Published and Posted on last Wednesday of every month.

University Women

RNI No. 22821/1976

₹ 2-50

University Women

September, 2015

Issue No.9

CENTENARY YEAR SPECIAL PROGRAMME

Book Discussion on FOUR ALEYS

with the author Renu Kurien Balakrishnan

Wednesday, October 7, 2015, 4.30 p.m.,

Amy Rustomjee Hall, Women Graduates Union.

Tea will be served at 4.00 p.m.

RSVP : WGU Office - 22151947, 22186220 or email : wgu1915@gmail.com

ALL ARE WELCOME

Programme and Fund-Raising Committee



DIWALI MELA



Fun, Frolic and Festivities

Saturday, October 31, Amy Rustomjee Hall, 10-30 a.m. onwards

**Household items, Garments, Handicrafts, Diwali decorations,
Foods, White Elephant stall, etc.**

Please donate your time, energy, resources and riches.

New and almost new items needed.

For Bookings contact the WGU office.

A Table with two chairs - Rs.750/- NGOs Rs.400/-

BOOK NOOK**30 WOMEN IN POWER
Their Voices, Their Stories**

by **Naina Lal Kidwai**

We know the glass-ceiling is being smashed to smithereens by women in India. We also know there are many high-powered women in high places.

This book traces the path to success, which 30 such women have trod, and in their own words, each one describes or relates her own success story.

Naina Lal Kidwai, Chairman of HSBC, India, has neatly summarized the “Six Keys to Success” from a common theme running through most of these success stories, even though each one is unique in its own way. Briefly these are :

*** Passion is Essential**

Each of the 30 women displayed great passion and a determination to push themselves.

*** Ambition is Not Necessarily Bad**

Women have been modest and held back a long time, but all these women displayed drive and vision. They assert that women should accept that ambition is not a bad word, and overcome such inhibitions.

*** Humility is a Hallmark of Success**

Every woman featured in the book has admitted to being humbled by accomplishment, and believes she is just a normal person. Nor do they shy away from learning from colleagues, co-workers or juniors. In fact, one of these women admits that she never fails to be overwhelmed by the homegrown wisdom of simple, often illiterate women. Moreover, another states that business solutions emerge from all levels in the office hierarchy, or “leadership amounts to having the humility to learn from colleagues”, and more importantly, giving credit to others.

*** Integrity is Paramount**

Integrity is high on the list of values these women cherish. It is their “moral compass”. They assert there are no quick-fixes, no stopgap arrangements on the road to success.

*** No Shortcuts to Hard Work**

All these women have worked supremely hard, refuse to bank on past plaudits or rely on their surnames when joining a family enterprise. Hard work is vitally important and often involves supreme sacrifices.

* **“Only Those Who Dare to Fail Greatly Can Ever Achieve Greatly”**

So said **Robert Kennedy**, and these women all agree that they have faced enormous challenges. Each Of them managed to turn a massive challenge into a stepping stone, as each woman in power has also tripped a few times or made an error of judgement.

All of them, including **Chanda Kochar, Kiran Mazumdar Shaw, Zia Mody, Lynn de Souza, Meher Pudumjee, Arundhati Bhattacharya**, have learnt time management and have invariably given back to society.

This book on inspiring Indian

women should be read by aspiring as well as interested women. Each story emphasizes the encouragement received from parents, who displayed no gender bias, for excelling and advancing in their chosen fields of education. Most of them studied and worked abroad for some years, receiving a global perspective which enabled their climb up to the top slots. Each one’s life was touched by many others, who have influenced them significantly or mentored them along the way. To that extent their stories are differentiated by their individual experiences in accelerating up the ladder to success.

Worth a read or a browse through as a tribute to our own women achievers.

— Ed.

ANAGRAMS

PRESBYTERIAN :

When you rearrange the letters of each one of the following :

BEST IN PRAYER

ASTRONOMER : MOON STARER

DESPERATION : A ROPE ENDS IT

THE EYES : THEY SEE

GEORGE BUSH : HE BUGS GORE

THE MORSE CODE : HERE COME DOTS

DORMITORY : DIRTY ROOM

SLOT MACHINES : CASH LOST IN ME

ANIMOSITY : IS NO AMITY

ELECTION RESULTS : LIES - LET'S

RECOUNT

SNOOZE ALARMS : ALAS ! NO MORE Z'S

A DECIMAL POINT : I'M A DOT IN PLACE

THE EARTHQUAKES : THAT QUEER

SHAKE

ELEVEN PLUS TWO : TWELVE PLUS

ONE

AND FOR THE GRAND FINALE :

MOTHER-IN-LAW :

When you rearrange the letters :

WOMAN HITLER

Let it go..... Let it go.....

When somebody told me that he has failed in his exams, my question is, “Is it a law that you will pass every time?”

When someone told me that my boyfriend broke up with me, my question is, “Is it a rule that you will have successful relationships everywhere?”

When somebody asked me why am I in depression, my question is, “Is it compulsory to have confidence all the time?”

When someone cried to me about his huge business loss due to his wrong decision, my question is, “Is it possible that you take all right decisions?”

The fact is our expectation that life has to be perfect/permanent is the biggest reason of our unhappiness. One has to understand the law of impermanence of nature.

After each sunny day, there has to be a dark night, after each birth there have to be certain deaths, for the full moon to come again it has to pass through no moon. In this imperfection of nature, there is perfection.

So stop taking your failures and bad part of your life soooo personally or intensely, even God does not like to give you pain but its the cycle through which you have to pass. Prepare yourself for one more fight after each fall because even failures cannot be permanent...!

Enjoy life....

Your breath comes to go.
Your thoughts come to go.
Your words come to go.
Your actions come to go.
Your feelings come to go.
Your illnesses come to go.
Your phases come to go.
Your seasons come to go.
You have come to go.

Then why do you hold on to your guilt, anger, unforgiveness, hatred
so so so tightly, when it too has come to go...

Let it go.

UN New Sustainable Development Goals

UN has recently agreed upon new Sustainable Development Goals (SDGs). Welcoming the agreement, UN Secretary-General Ban Ki-moon said : “The agreement encompasses a universal, transformative and integrated agenda that heralds an historic turning point for our world. This is the people’s agenda, a plan of action for ending poverty in all its dimensions, irreversibly, everywhere and leaving no one behind. It seeks to ensure peace and prosperity and forge partnerships with people and planet at the core. The integrated, interlinked and indivisible 17 sustainable development goals are the people’s goals and demonstrate the scale, universality and ambition of this new agenda.”

New goals have been set to replace Millennium Development Goals (MDGs) including new environmental commitments. The UN has finalised the 17 new goals to set an international agenda for the next 15 years to end poverty, promote the well-being and prosperity of peoples everywhere, and to protect the environment. It has come into effect from January 1, 2015 running

until 2030. Specifically, the goals include targets that promise a major boost to the environment and global green economy, such as commitments to “ensure access to affordable, reliable, sustainable and modern energy for all”, “ensure sustainable consumption and production patterns”, “take urgent action to combat climate change and its impacts”, “conserve and sustainably use the oceans, seas and marine resources for sustainable development”, “protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification”, and “halt and reverse land degradation and halt biodiversity loss.”

The preamble of the 29-page text, “Transforming Our World: The 2030 Agenda for Sustainable Development”, states that: “We are resolved to free the human race from the tyranny of poverty and want and to heal and secure our planet”. <https://sustainabledevelopment.un.org/content/documents/7891TRANSFORMING%20OUR%20WORLD.pdf>

SUCCESS

**To succeed in life you need three things:
A wishbone, a backbone and a funny bone.**

— Reba McEntire
Singer

My heart leaps up when I behold

A rainbow in the sky :

So was it when my life began;

So is it now I am a man;

So be it when I shall grow old,

Or let me die!

The Child is father of the Man;

And I could wish my days to be

Bound each to each by natural piety.

— William Wordsworth